



ES'Leep



Package Content: 30 tablets
ES'Leep | 23,40 €

essens home pharmacy



ES'Leep - dietary supplement

pure natural product supporting good quality sleeping

ES'Leep contains an effective combination of five substances, namely an extract of Hop Cones, Cherry Fruit Extract, Inositol, Black Pepper Extract and Chromium:

- the extract of hop cones contributes with calming effect to support good sleep
- cherries as one of a very few, are a natural source of hormone melatonin, which has a significant effect on the regulation of one's daily circadian rhythm and sleep patterns of the body, ie. the rise of its level is associated with the urge to sleep
- inositol is a cyclic alcohol and is a key ingredient in the metabolism not only human beings, but all animals, plants and microorganisms. It is very significantly involved in several biochemical processes, it also has calming and antioxidant effects - protects the body against free radicals
- the maximum effect of the combination of the extracts hops, cherries and inositol is supported by black pepper extract that acts not only as an inhibitor of enzymes, but also has a positive effect on the nervous system
- Chromium is an essential ingredient for proper metabolism of macronutrients in the body

For whom is ES'Leep suitable?

For people with impaired sleep and falling asleep. Maximum effect of ES'Leep is achieved when ensuring good sleep hygiene.

Ingredients: Cellulose, Hops Extract, Cherry, Extract, Inositol (Myoinositol), Thickening Agent (Hydroxypropyl Methylcellulose), Extract of Black Pepper Fruits, Anticaking Agent (Magnesium Salts of Fatty Acids), Chromium (Chromium Chloride)

Recommended dosage: 1 tablet approximately one hour before sleep (we recommend regular use for a 2-3 months treatment omitting use at least one month after). Thanks to its natural composition, ES'Leep is not addictive.

Storage: Store in a dry place at temperature below 30 °C. Keep out of reach of children.

Caution: Do not exceed the recommended daily dose (the maximum daily dose is 3 tbl.). Dietary supplements are not substitute for a varied diet. Not intended for children, pregnant and lactating women. Do not use in combination with alcohol. It can negatively affect activities requiring increased caution (driving vehicles, operate machinery) for at least 8 hours after consumption. The product contains no sugar, gluten or lactose.